Swimming Times

**Adults Only** Monday – Friday 06:30 – 10:15\*

 12:30 – 14:00

 18:30 – 20:45\*

 Sat & Sun 08:30 – 10:00

 Pool shared with swim lessons

\*Monday & Friday at 08:45 – 09:30 and Wednesday 18:30 – 19:15 there is a bookable Aquacise class in the pool therefore no swimming available. Sauna and Steam room can still be accessed.

**Family Swim** Monday – Friday 10:15 – 12:30

 14:00 – 18:30

 Sat and Sun 10:00 – 17:00

Last entry to the club is 45 minutes before closing.