



CLUB OPENING HOURS

Monday – Friday 06:30 – 21:00
Saturday – Sunday 08:00 – 18:00 (Gym)
Saturday – Sunday 08:30 – 17:00 (Pool)

***Pool opens at 08:30 for adult swimming, shared with swim lessons**

Last entry 45 minutes before closing

Family Swim Times

Monday – Friday 10:15 – 12.30 & 14:00 – 18.30
Saturday – Sunday 10:00 – 17:00

Adults only swim Times

Monday – Friday 06.30 - 10:15 / 12.30 - 14:00 / 18.30 - 20:45
Saturday – Sunday 08.30 - 10:00 (pool shared with swim lessons)

***Aquacise classes Monday & Friday 08.45 – 09.30 & Wednesday 18.30 – 19.15**
Swimming not available during these classes but sauna and steam room still available.

Contact Number: 01748 828618

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